Tips for Interior Painting in Cold Weather

Ignoring environmental conditions during painting operations is one of the leading causes of coatings failure (along with poor surface preparation). With summer coming to an end, most painting projects will be moving indoors as temperatures drop. While interior projects are less likely to be affected by changes in weather, the drop in temperature can still compromise the quality of the applied coating system if proper environmental controls are not used.

This article will evaluate best practices for managing the environmental conditions of a cold weather interior painting project.



Cold weather can affect the quality of interior painting projects if proper environmental controls are not used.

Temperature

In new construction, sometimes interior paint application commences before the building's heating system is operational. Most interior products are formulated to be applied above 50°F (10°C). If the building's heating system is not yet operating, or if the room is not heated, space heaters should be used to bring up the ambient temperature of the space before painting work

commences. If you are painting dense substrates like structural steel or concrete, check the surface temperature before applying coatings as these substrates can take longer to heat up.

When using space heaters, it is preferable to use dry, electric or radiant heaters. Open- flame heaters can produce moisture and raise humidity when used in an enclosed space. This can cause moisture to condense on cooler surfaces which will compromise the performance of the applied coating as it cures.

Ventilation

When the temperature drops, people are often hesitant to open windows to prevent cold air from entering the room. Although it is important to keep surface and ambient temperatures in a suitable range for coatings application, the lack of proper ventilation creates a number of issues on its own.

While many are aware of the health and safety risks posed from applying solvent- based coatings in poorly ventilated spaces, it may come as a surprise that a lack of proper air flow can create performance issues when applying waterborne coatings.

As waterborne coatings dry, moisture vapor evaporates from the coating into the air. If the interior space is not properly ventilated, this results in a sudden rise in humidity that can prevent the coating from curing properly.

Final Note

It is imperative to maintain these environmental conditions after coatings application and throughout the curing process. Failure to maintain these conditions before the coating has cured can result in poor film formation, which can lead to premature coatings failure

Professional Tip

The EPA recommends testing a home or building for lead based paint if it was built before 1978. More than half the homes built before 1978 contain lead paints, and research suggests this is the principal source of lead exposure today. Children living in older homes are threatened by chipping or peeling lead paint and the dust stirred up by paint removal projects.